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March 2020

Happy March!

Today, older workers are forgoing traditional retirement and choosing to stay in the workplace longer. By 2024 - *just four years from now* - 25% of workers in the U.S. will be over the age of 55, according to U.S Bureau of Labor Statistics projections.

Experienced workers not only possess valuable knowledge and skills, research suggests they also tend to have lower absenteeism, a stronger work ethic, and higher productivity and efficiency. Additionally, seasoned workers are less likely to take risks like not wearing safety glasses or working at heights without fall protection. As a result, older workers tend to have fewer injuries - but when they do get hurt on the job, it's more likely to be serious and may take them longer to heal.

As always, AultComp MCO works hard to help keep your claims costs down and quickly, yet safely, return your employees back to work.

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WE MANAGE WHAT MATTERS

For 23 years, AultComp MCO focuses on what matters most: our community and personalized care. We assist with the efficient return to work for your employees, all while delivering exceptional customer service.



ABOUT US

Specializing in workers' compensation medical management, AultComp MCO's mission is to deliver high-quality services to our business partners. As we strive to exceed customer expectations, we will continually manage our resources cost-effectively, and maintain trust and integrity in all our partnerships.

OUR SERVICE



Local Connections



Superior
Customer Service



Reliable
Claims Management



Discount Opportunities



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Employees Who Work Alone

Do you have employees who work alone? Routinely? Periodically? Occasionally? You might have a late shift worker who runs the warehouse alone, or a maintenance worker who goes on the roof to repair an air conditioning unit alone, or a worker in a remote lab conducting tests with chemical agents alone. To what type of hazards are these folks exposed?

What type of controls should be implemented? Almost every employer needs a formal **Work Alone Policy** that:

1. Defines which tasks are not suitable for working alone. OSHA prohibits working alone in at least nine OSHA general industry standards.
2. Defines steps to take such as communication systems required, or reporting in periodically, or having someone check on the employee periodically when employees are allowed to work alone on highly hazardous jobs such as working with corrosive chemicals, high voltage, or testing and positioning of machinery.
3. Establishes other controls such as emergency signaling and emergency response and rescue.

Manager Tips

People Management

1. **People management starts with listening, and listening starts before you think it does.** Keep an open mind and do not jump to conclusions before or during conversations.
2. **Understand each employee's purpose.** Understand what draws them to their role. Purpose is a huge part of what keeps people satisfied and what drives them to succeed and push themselves.
3. **Balance praise and criticism wisely.** By helping employees set new goals, you signal that you believe in their ability to improve.



"I don't have time to read all these safety rules."

(Source: Lattice's magazine for HR Professionals)

Don't Forget!
Daylight Savings Begins Sunday, March 8

MARCH IS WORKPLACE EYE WELLNESS MONTH

TIPS TO PROTECT YOUR EYES AT WORK

DIGITAL EYE STRAIN

Digital devices can display small print and emit blue light which contribute to eye strain. Give your eyes a break from the screen by following the 20-20-20 rule. Every 20 minutes, take a 20-second break and focus your eyes on something at least 20 feet away.

Individuals who work in industrial settings may come into contact with chemicals, particles, or other hazardous materials. Wearing appropriate eyewear is crucial in preventing workplace eye injuries.

PROPER GEAR

USE PROPER LIGHTING

Eye strain often is caused by excessively bright light either from outdoor sunlight coming in through a window or from harsh interior lighting. When you use a computer, your ambient lighting should be about half as bright as that typically found in most offices.

This may seem obvious, but it has been shown that computer use is correlated with reduced blinking. Make sure that you blink often during work to provide the lubrication you need. If the dryness persists, talk to your Optometrist.

DON'T FORGET TO BLINK

BWC Training Opportunities

Canton Service Office

339 E. Maple St., North Canton, OH 44720

- March 5 - Hazard Communication Half-Day Workshop
- March 18 - Controlling Workers' Compensation Costs
- March 19 - Powered Industrial Trucks: Developing a Training Program
- March 19 - Violence in the Workplace
- March 23 - Restaurant and Food Service Safety Workshop

To register, click [HERE](#).



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