

# AultComp MCO's Lifeline

Don't learn safety by accident

December 2018

## Welcome December!

December is the first month of winter. Some people relate snow to a breath taking beauty, others fun activities; myself picture a warm beach in the Caribbean. Either way winter is on its way in Ohio, and at home and our business we need to be prepared for the cold and snow. The staff at AultComp MCO wants to wish you a Merry Christmas, and again thank you for choosing AultComp to manage your workers' compensation claims. The staggering costs of Slip, Trips and Falls. According to the 2018 Liberty Mutual Workplace Safety Index, STFs counted for 3 of the top 10 causes of the most disabling workplace injuries in the United States. Falls on the same level comprised 19.2 percent of all injuries, resulting in \$11.2 billion in direct costs for employers. Falls to lower levels comprised 10 percent of the injuries, costing \$5.9 billion, and slips or trips without falls comprised 3.9 percent of injuries, resulting in costs of \$2.3 billion. (source safety.blr.com)

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## Winter Safety Tips For Home And Office

House fires are more common during the holiday season than any other time of year. In fact, Christmas Eve, Christmas Day and New Year's Day are the three top days for candle fires in the home. Many of these are caused by decorations. In fact, 35 percent of Christmas tree fires are caused by lighting equipment or electrical distribution issues

Clear your sidewalks and walkways of snow and ice. Warm up before shoveling to decrease potential strain injury. Push snow instead of lifting whenever possible. Shovel small amount of snow, keep back straight and lift with the legs.

If your employees will need to work outside during a winter storm, keep the following hazards in mind:

Frostbite and hypothermia, To prevent frostbite and hypothermia, workers should wear proper clothing for cold, wet, and windy conditions. In addition, workers should take frequent, short breaks in warm, dry shelter.

Before using extension cords inspect for possible damage. Avoid placing cords around sharp corners, through windows or doorways. Extension cords must be plugged directly into wall outlets. Never plug a power strip into another power strip.



**UNITED STATES  
DEPARTMENT OF LABOR**

## OCCUPATIONAL SAFETY AND HEALTH ADMINISTRATION

### Top 10 Most Frequently Cited Standards

1. Fall protection, construction ([29 CFR 1926.501](#)) [[related OSHA Safety and Health Topics page](#)]
2. Hazard communication standard, general industry ([29 CFR 1910.1200](#)) [[related OSHA Safety and Health Topics page](#)]
3. Scaffolding, general requirements, construction ([29 CFR 1926.451](#)) [[related OSHA Safety and Health Topics page](#)]
4. Respiratory protection, general industry ([29 CFR 1910.134](#)) [[related OSHA Safety and Health Topics page](#)]
5. Control of hazardous energy (lockout/tagout), general industry ([29 CFR 1910.147](#)) [[related OSHA Safety and Health Topics page](#)]
6. Ladders, construction ([29 CFR 1926.1053](#)) [[related OSHA Safety and Health Topics page](#)]
7. Powered industrial trucks, general industry ([29 CFR 1910.178](#)) [[related OSHA Safety and Health Topics page](#)]
8. Machinery and Machine Guarding, general requirements ([29 CFR 1910.212](#)) [[related OSHA Safety and Health Topics page](#)]
9. Fall Protection-Training Requirements ([29 CFR 1926.503](#)) [[related OSHA Safety and Health Topics page](#)]
10. Electrical, wiring methods, components and equipment, general industry ([29 CFR 1910.305](#)) [[related OSHA Safety and Health Topics page](#)]

## Keep the Process Flowing

The following Suggestions are offered to help ensure the Success of your Near Miss Reporting Program –

- Near Miss Reporting, Investigation, and Corrective Action – should be considered an **INTEGRAL PART** of your Organization's Safety Program.
- Be **CONSISTENT** with your response to and actions taken regarding Near Miss Incidents.
- Near Miss Incidents that are severe in nature – should receive as much **ATTENTION** and **CORRECTIVE ACTION** as an actual Accident / Injury.

## MANAGER TIPS

The trainer makes a difference. The more closely the instructor can link the training to the participant's job experience, the better for training transfer.

Present training as part of a consistent message from the organization. Classes must build on each other and reinforce the content learned in earlier sessions. Training must reference earlier sessions, draw parallels, and reinforce content.

Provide training in "chunks" that are scheduled over a period of time. People learn more in training sessions that provide small amounts of content, based on a couple of well-defined objectives. This also allows people to discuss their successes and difficulties in applying the training in their actual work session

# BWC NEWS

BWC now offers Better You, Better Ohio, a health and wellness program, to small employers in high risk industries. Program participation is available to employers who meet the following conditions:

- Employer with 150 or fewer employees
- Employer does not have a health and wellness program for its employees
- Employer is in one of the approved industries\*

Agriculture, automaotive repair and service; construction; firefighters; health care; manufacturing; police and Public safety; public employers; restaurant and food service; transportation and truck; trash collection; wholesale and retail.

You can sign up by visiting the following link <http://go.activehealth.com/BetterYouBetterOhio>

Important date reminder for private and public employer December 2018

- 12/1 Last day for retro settlements (close-out year for 10-yr annual evaluation)
  - 12/1 Policy Activity Rebate (PAR) enrollment period begins
  - 12/21 First installment due for PY 2019 (employer may opt to defer)
  - 12/31 ISSP on-site consultation survey, SH-29 deadline
- 12/31 Early payment discount due date, employer must pay the full PY 2019 estimated annual premium



## BWC Classroom Training at the North Canton Office:

Dec 4-5 OSHA 10: Construction Safety Basics

Dec 12: Safety for the Non-Safety Professional

### Location and contact information:

339 E. Maple St., North Canton, OH 44720

Phone: 800-644-6292

Register at [www.bwclearningcenter.com](http://www.bwclearningcenter.com)

### Ride Out



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